

45. Which of the following best summarizes the passage? 45)

- ① Children learn aggressive behavior only through genetic inheritance.
- ② Children are unaffected by what they see in the media.
- ③ Observation of others' behavior can influence children's own behavior.
- ④ Punishment is the only effective way to teach children.
- ⑤ Albert Bandura believed children should avoid toys like Bobo dolls.

46. What can be inferred about Bandura's views on media violence? 46)

- ① He believed media violence could not affect children at all.
- ② He thought media violence should be encouraged in education.
- ③ He believed media violence could influence children's behavior.
- ④ He was unaware of the effects of media violence.
- ⑤ He supported violent games for children.

47. Which of the following best supports Bandura's conclusion? 47)

- ① Children are more violent when they are isolated.
- ② Genetics is the only cause of aggressive behavior.
- ③ Children imitate behaviors that are rewarded.
- ④ Punishment has no effect on child behavior.
- ⑤ All children naturally avoid aggression.

48. Which of the following would be the most appropriate title for the passage? 48)

- ① The Genetic Origins of Aggression
- ② The Dangers of Toys in Psychology
- ③ Understanding Child Behavior Through Punishment
- ④ Learning Aggression Through Observation
- ⑤ Media Violence Has No Impact on Children

READING 2

During World War I, doctors noticed that some soldiers exhibited peculiar behavior, including giddiness, irritability, and excessive tiredness. The cause was not physical but psychological, and the phenomenon became known as "shell shock." The soldiers were mentally affected by the horrible conditions they experienced.

Today we understand that all people, not only soldiers, are susceptible to this form of mental illness, which is now called psychological trauma. Anyone who experiences an event that psychologically overwhelms them—and is unable to take this experience as a part of their everyday life—will succumb to this mental illness.

What are some common causes of trauma? It can result from any of the following experiences: surviving a natural disaster such as an earthquake or flood; falling victim to a physical assault; or witnessing, or being directly involved in, a serious accident such as a car or train crash.

A patient suffering from psychological trauma may display any of the following symptoms. Their eating habits are altered, so they eat more or less than usual, and they may sleep for longer or shorter periods of time than usual. They also tend to exhibit lower energy levels and may also complain of chronic pain, the source of which cannot be identified. In addition, they may display unusual emotional traits such as spontaneous crying, panic attacks, emotional numbness, and a heightened degree of irritability. You might also notice that they withdraw from those close to them, have trouble with decision making, and display lapses in memory.

The effects of psychological trauma are so devastating because they may make it impossible for the sufferer to function normally under any situation. This is not only hard on the patient but also for those loved ones around him or her. In other cases, the consequences of psychological trauma may only become apparent during stressful situations. One puzzling aspect of this ailment is that symptoms may not first appear until years after the actual traumatic event.

How can psychological trauma be treated? Professional treatment may be required depending upon the severity of the traumatic

Advanced Reading Expert Level 2

event as well as the individual's response to it. This could involve one-on-one counseling sessions with a trained psychologist or taking part in a local support group. It is important for sufferers to try to establish regular routines and maintain a healthy diet. Most importantly, perhaps, people suffering from psychological trauma need to realize that it will take time to heal from the event and allow themselves the necessary time to recover.

49. What is the main focus of the passage?
49)

- ① The role of soldiers in World War I
- ② The long-term effects of physical injuries
- ③ The development and treatment of psychological trauma
- ④ The differences between physical and mental illnesses
- ⑤ The history of mental health care

50. Fill in the blank with suitable words.

People are vulnerable to psychological trauma when they _____. 50)

- ① suffer from a minor illness
- ② undergo events they can't mentally process as part of normal life
- ③ have physically demanding jobs
- ④ are surrounded by supportive friends and family
- ⑤ experience brief moments of sadness

51. In the underlined sentence, what does the word "chronic" most likely mean?
51)

- ① imaginary ② sudden
- ③ long-lasting ④ contagious
- ⑤ mild

52. According to the passage, which of the following is NOT mentioned as a symptom of psychological trauma? 52)

- ① Difficulty making decisions
- ② Sudden weight gain
- ③ Emotional numbness
- ④ Panic attacks
- ⑤ Memory lapses

53. Which of the following best summarizes the passage? 53)

- ① Psychological trauma is caused only by war-related experiences.
- ② Understanding psychological trauma helps in recognizing and treating it.
- ③ Symptoms of psychological trauma always appear immediately.
- ④ The best treatment for trauma is medication.
- ⑤ Trauma affects only those with pre-existing conditions.

54. What can be inferred about people suffering from trauma? 54)

- ① They always show visible symptoms.
- ② Their trauma is usually cured within a week.
- ③ They may not realize they are affected until years later.
- ④ They typically avoid all forms of social contact forever.
- ⑤ They never recover without medication.

55. Which of the following best explains why World War I is mentioned in the passage? 55)

- ① To show the importance of physical endurance
- ② To illustrate how trauma was first recognized and named
- ③ To describe typical war tactics and strategies
- ④ To prove that only soldiers suffer from mental illness
- ⑤ To highlight medical advancements of the time

56. Which of the following would be the most appropriate title for this passage? 56)

- ① Common Physical Injuries and Their Effects
- ② World War I and the Development of Medicine
- ③ Understanding and Coping with Psychological Trauma
- ④ How to Avoid Emotional Numbness
- ⑤ Natural Disasters in Human History